

Sample 10 Hour Schedule

7:00 – 9:00	Staggered Arrival (welcome, entry task, journal writing, name writing, etc. including limited interest centers)
9:00 – 9:30	Breakfast (includes washing hands, setting places, eating, cleaning up places, brushing teeth, wash hands, etc)
9:30 – 10:00	Morning Circle Time (stretching, attendance, calendar, helpers, plan for the day, songs, story, etc.)
10:00 – 10:45	Choice Time/Interest Centers (include active centers for those who have been sitting too long)
10:45 – 11:30	Outside Time or indoor gross motor time
11:30 – 11:45	Literacy Circle Time (Phonological Awareness, stories, etc.)
11:45 – 12:15	Lunch (Wash hands, set places for lunch, eat lunch, clean-up, wash hands etc.)
12:15 – 1:45	Rest time (Quiet activities for non-resters (books, puzzles, journaling, etc.)
1:45 – 2:00	Movement and Music Circle Time
2:00-2:45	Choice time /interest centers (include active choices for those who have been
2:45 – 3:00	Afternoon Snack
3:00 – 3:45	Outside time or indoor gross motor
3:45 – 4:00	Small groups (focused on individual goals)
4:00 – 4:30	Music , movement and songs
4:30 – 5:30	Evening Choice Time including a snack choice
5:30 – 5:45	Closing circle
5:45 – 6:00	Departure – care of the classroom, backpacks, sign out, etc.